Health Educator Internship Description

Internship Program:
The Nutrition Education Program seeks an intern to provide general support for our programs. This internship is a valuable training experience for participants, an ideal way to get involved in the community and work on growing a sustainable and accessible local food system. We hope the experience will be valuable to participants, in providing them with skills, as well as a broader understanding of issues related to food insecurity in our community.

Internship Logistics & Details:
- This intern program runs for 26 weeks from March 15, 2016 – September 6, 2016.
- Required Timeframe: Tuesdays from 3:00pm-6:30pm. Limited flexibility available.
- Interns must complete required training and orientation provided by IFFS in early March 2016.
- Interns must commit to a minimum of 5 hours per week.
- Intern agreements will be signed and reassessed periodically.
- This internship is unpaid.
- This position requires personal transportation.
- Email application & resume to elizabeth.weeks@foodshuttle.org. Due Friday, February 26, 2016.

*This internship has potential to count as course credit as approved by respective scholastic institutions

Internship Description:
IFFS’s Nutrition Education Program seeks Health Educator interns, who will act as IFFS representatives and assist with the Nutrition Program component at a weekly Mobile Market. Interns will gain skills in culinary-based nutrition education and program coordination, as well as building relationships within a set community. The ideal candidate will have enthusiasm for connecting and engaging with diverse community members, be comfortable with public speaking, have strong organizational skills, good time-management, flexibility, confidence, and the ability to think on his/her feet. Nutrition and/or culinary experience is required. Experience in education is preferred. Knowledge of the Spanish language is helpful, but not required.

For more information on IFFS’s Nutrition Programs, visit our website at: http://foodshuttle.org/we-teach/nutrition/

Duties May Include:
- Acting as the IFFS representative for nutrition programming during the Mobile Market
- Organizing and setting up for program demonstrations and activities (visual displays, printed materials, cooking supplies and equipment)
- Preparing weekly recipes for sampling at the Mobile Market (food & recipes provided by IFFS)
- Planning and leading program, independently and with other volunteers
- Administering surveys for program efficacy & recruiting participants for additional nutrition programming
- Establishing interactions with Mobile Market participants (audience ranging from seniors to children) based on established curricula on topics of nutrition, healthy shopping, and cooking on a budget