

**Sarah Liberman Ash**  
[Sarah\\_Ash@ncsu.edu](mailto:Sarah_Ash@ncsu.edu)  
Box 7624  
North Carolina State University  
Raleigh, NC 27695  
919-515-4043

**a. Professional Preparation**

Harvard University	Biology	A.B., 1976
Tufts University	Nutrition	M.S., 1982
Tufts University	Nutrition	Ph.D., 1986

**b. Appointments**

2010- Present Professor, Nutrition, NC State University  
2005-2010 Associate Professor, Nutrition, NC State University  
2004-2005 Associate Professor, Animal Science, NC State University  
1998-2004 Assistant Professor, Animal Science, NC State University  
1988-1998 Visiting Assistant Professor, Animal Science, NC State University  
1986-1987 Senior Editor, Tufts University Diet and Nutrition Letter  
1982-1985 Writer/Researcher, Syndicated Newspaper Column

**c. Professional Scholarly Activities**

1998-2014 Executive Board Member, *The Forum for Family and Consumer Issues*  
2014-2015 National Academies Education Mentor in the Life Sciences *National Academy of Sciences*  
2012-2013 National Academies Education Fellow in the Life Sciences *National Academy of Sciences*  
2014-Present Member, TH!NK Initiative Advisory Committee  
2012-2014 Member, Quality Enhancement Plan Steering Committee  
2011 Chair, Plan-to-Plan Quality Enhancement Plan Committee  
2011 Chair, Implementation Committee for Strategic Plan Goal 1: Enhancing Student Success  
2011 Member, Student Success Task Force, NCSU Strategic Planning Initiative  
2011-Present Chair, Nutrition Educator Competencies Task Force, Society for Nutrition, Education and Behavior  
2010-2011 Chair, Higher Education Division, Society for Nutrition Education.  
2009 Grant Review Panel. CSREES, US Department of Agriculture.

**d. Honors and awards**

2011 **Board of Governors' Award for Excellence in Teaching**, University-level recipient, North Carolina State University  
2009 **Board of Governors' Award for Excellence in Teaching**, College of Agriculture and Life Sciences Recipient, North Carolina State University  
2007 Regional Recipient, **USDA Food and Agriculture Sciences Excellence in Teaching Award**, National Association of State Universities and Land Grant Colleges  
2006 **Lawrence Green Paper of the Year Award** *Health Education and Behavior*

2006 **Outstanding Advisor Award**, College of Agriculture and Life Sciences, North Carolina State University  
2005 **Board of Governors' Award for Excellence in Teaching**, College of Agriculture and Life Sciences Recipient, North Carolina State University  
2002-2004 **Alumni Distinguished Undergraduate Professor Award**, North Carolina State University  
2000 **Outstanding Advisor**, American Preveterinary Medical Association  
1999 **Extension Education Award**, NC Association of Extension Specialists for the *Forum for Family and Consumer Issues*  
1991 **Outstanding Teaching Award**, North Carolina State University

#### **e. Collaborators & Grants**

- Poore, M. H., **Ash, S. L.**, Mckissick, C.L. 2011-2012. Evaluating the Value-Added Nutritional Characteristics of Beef Finished in North Carolina. \$6,950.00. NC Cattlemen's Association.
- Goodell, L.S., **Ash, S.L.**, Garvin, K, Byrd, A. 2009-2010. Professional Development for Current and Future Health Care Professionals: Building Capacity for and through Service-Learning Enhanced Internships in Collaboration with NC Head Start. \$10,000. NC State University Office of Extension, Engagement, and Economic Development.
- Creamer, N.G., Ammerman, A., **Ash, S.L.**, Schroeder-Moreno, M, Moore, S. 2007-2008. Developing a Model Community-Based Food System in Wayne County, \$10,000. NC State University Office of Extension, Engagement, and Economic Development.
- McClelland, J.W., Stewart, M., **Ash, S.L.**, Bird, C., Dunn, P.C., Jayaratne, J. Mitchell, R., "FCS: Promoting Healthy Eating Across North Carolina." \$1,321,448. 2007-2008. USDA Food and Nutrition Service.
- Creamer, N.G., Schulman, M., **Ash, S.L.** 2004-2007. "Partnership with the Public: An Alternative Food Systems Model for Swine in North Carolina." \$600,000. W.K. Kellogg Foundation.
- Creamer, N.G., Schulman, M., **Ash, S.L.** 2002. Developing an Alternative Food Systems Model and implementation Plan for Swine Production in North Carolina, \$100,000. W.K. Kellogg Foundation.
- **Ash, S.L.** 2000. Use of Writing to Improve Critical Thinking. \$4,000. NC State Campus Writing and Speaking Program.
- **Ash, S.L.**, McClelland, J.W., Mustian, R.D. Body Weight and Eating Behavior in College-Age Men and Women. 1999. \$2,000. Institute of Nutrition, University of North Carolina.
- **Ash, S.L.**, McClelland, J.W., Mustian, R.D. 1994. Attitudes Towards Body Weight and Effects on Eating Behavior in College-Age Men and Women. \$1375. Institute of Nutrition, University of North Carolina.
- McClelland, J.W., **Ash, S.L.**, Mustian, R.D., Vacendek, S. 1993. Drug-Nutrient Knowledge and Practices of the Elderly of North Carolina. \$3550. Institute of Nutrition, University of North Carolina.
- McClelland, J.M., **Ash, S.L.**, Mustian, R.D. 1992. Nutrition Knowledge, Attitudes and Behavior of the Elderly in N.C. \$3860. Institute of Nutrition, University of North Carolina.

## f). Publications since 2007

### Refereed Journal Articles

- Cooke, NK, **Ash, SL**, Nietfeld, JL, Fogleman, AD, and Goodell, LS. Impacts of a Service-Learning-Based Community Nutrition Course on Students' Teaching Self-Efficacy. *North American Colleges and Teachers of Agriculture*. *Accepted for Publication (May 2014)*
- Carraway-Stage, V, Henson, SR, Dipper, A, Spangler, H, **Ash, SL**, and Goodell, LS. Understanding the State of Nutrition Education in the Head Start Classroom: A Qualitative Approach. *American Journal of Health Education*. 2014 Jan; 45:1, 52-62. Epub 2014 Jan 8. DOI: 10.1080/19325037.2013.853000
- Goodell, LS, Cooke, NK, **Ash, SL**. Cooperative Learning Through In-Class Team Work: An Approach to Classroom Instruction in a Life Cycle Nutrition Course. 2012 *NACTA Journal* 56(2): 68-75.
- **Ash, S.L.**, Clayton, P.H. 2009. Generating, Deepening, and Documenting Learning: The Power of Critical Reflection in Applied Learning. *Journal of Applied Learning in Higher Education*. 1(1):25-49.

### Book Chapters

Jameson, J., Clayton, P.H. & **Ash, S.L.**, (2013) Research on the Academic Learning of Students in Service-Learning. In P. Clayton, J. Hatcher, & R. Bringle (Eds.), *Research on Service Learning: Conceptual Frameworks and Assessment*. Vol. 2, IUPUI Series on Service Learning Research. Sterling, VA: Stylus Publishing.

Lee, V.S., **Ash, S.L** (2010) Unifying the Undergraduate Curriculum through Inquiry-Guided Learning. In C. Wehlberg, (Ed.) *Integrated General Education – New Directions for Teaching and Learning*. (pp. 35-46) San Francisco, CA: Jossey-Bass.

**Ash, S.L.**, Jameson, J., & Clayton, P.H. (2009). Assessing Critical Thinking and Higher Order Reasoning in Service-Learning Enhanced Courses and Course Sequences. In T. Banta, B. Jones, & K. Black (Eds.), *Planning, Implementing, and Sustaining Assessment: Principles and Profiles of Good Practice*. San Francisco, CA: Jossey-Bass.